



ACADEMY

PROSPECTUS

2024



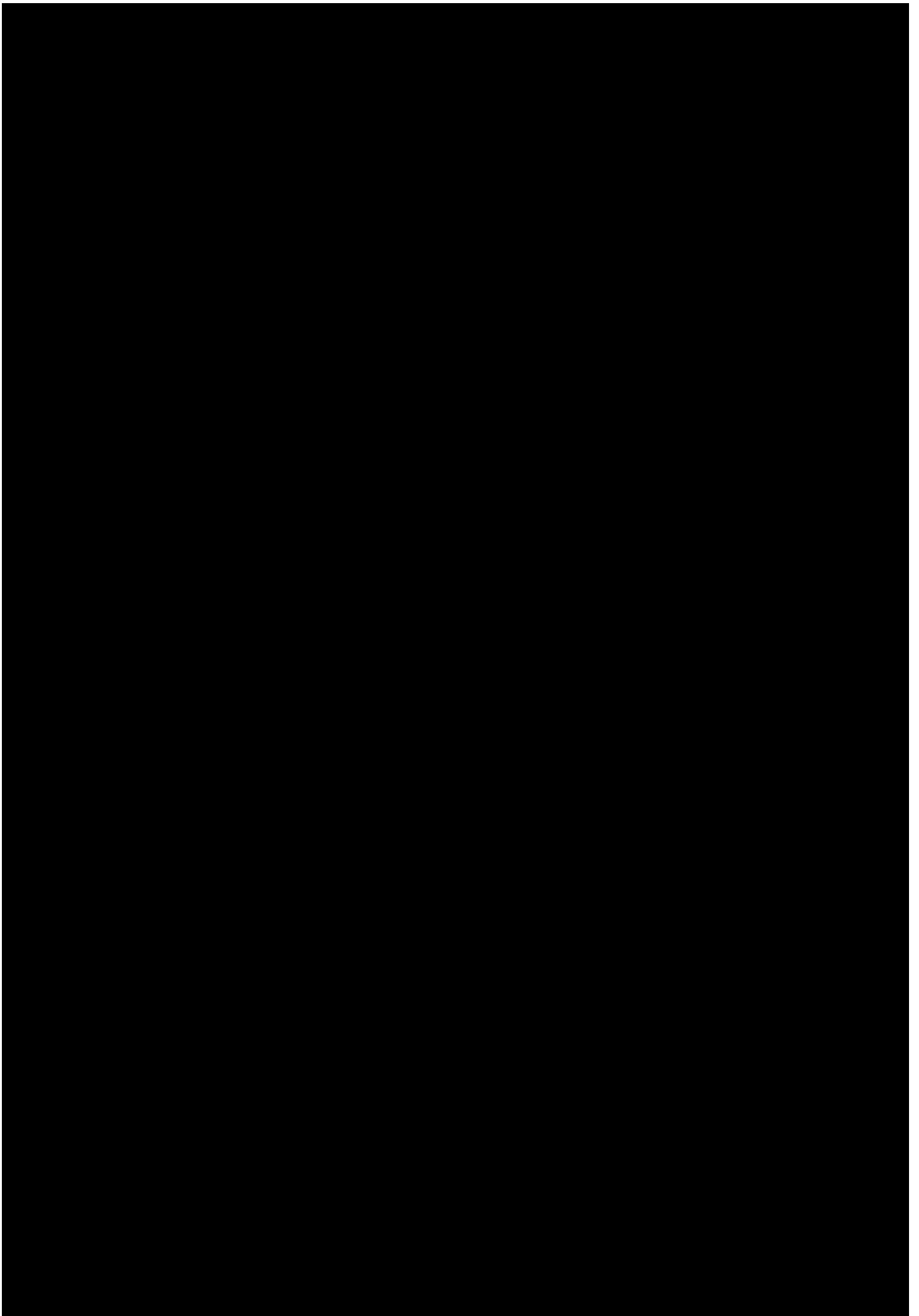



Table of Contents

5	<i>National Football League (NFL)</i>
6	<i>NFL Academy</i>
8	<i>Football Program</i>
9	<i>Academy Values</i>
11	<i>Performance Support Program</i>
12	<i>Recruitment Combines</i>
14	<i>NFL Futures</i>
15	<i>USA Collegiate Immersive Tours</i>
17	<i>A.B. Paterson College</i>
19	<i>Education</i>
22	<i>Weekly Timetable</i>
23	<i>Financial Support</i>

A photograph of Jordan Mailata, a Philadelphia Eagles player, wearing his teal jersey with the number 68. He has black face paint under his eyes and is looking off to the side. The background is a blurred crowd of spectators.

*Football has changed my life,
and opening an NFL Academy in
Australia will no doubt help many more
young people change theirs*

JORDAN MAILATA

Left Tackle - Philadelphia Eagles
NFL Academy Asia-Pacific Ambassador

National Football League (NFL)

The National Football League (NFL) is the professional league for American Football which comprises of 32 member clubs. Each year these clubs compete for a chance to play in and win the Super Bowl, one of the world's largest sporting events.

The NFL is the largest and most popular sports league in the United States of America, with more than 69% of the US population being fans of the sport. The NFL continues to expand its global footprint with more than 158m fans across 8 key International markets.

As part of the NFL's global expansion efforts, the NFL recently established business operations in Australia and New Zealand. The expansion aims to focus on fan growth and football operation. In 2023 there were 8 active players from Australia in the NFL.

In the National Collegiate Athletic Association (NCAA), 34% of the international student-athletes playing college football are from the Asia-Pacific region, with Australia having the 3rd highest representation with 77 student-athletes in 2023.

Athletes across the Asia-Pacific often transition to the NFL from sports like rugby league, rugby union or Australian rules football, showcasing their versatility and athleticism on the NFL stage.

Australian representation was seen at the Super Bowl in the last two years. from Jordan Mailata, Offensive Tackle for the Philadelphia Eagles (Super Bowl LVII) and Mitchell Wishnowsky, Punter for the San Francisco 49ers (Super Bowl LVIII).



NFL Academy

The NFL Academy is a major global initiative by the NFL offering talented student athletes the opportunity to combine full-time education alongside intensive training in American football (tackle) — under the guidance of a world class coaching staff.

The elite football development program will enroll student athletes aged 12 – 18 years old from across the Asia-Pacific region to offer pathway opportunities into the sport with students working to secure football scholarships to U.S. colleges.

The NFL Academy will be based at A.B. Paterson College in south-east Queensland on Australia's Gold Coast and will service the Asia-Pacific region.

The students enrolled in the NFL Academy will work closely with ambassadors, such as Australian and Philadelphia Eagles Left Tackle, Jordan Mailata.



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Football Program

The football program is centred around the development of the student-athletes by supporting them with their educational and athletic goals.

Coaching Staff

The NFL Academy has a team of specialised coaches. The coaching staff has a vast amount of experience in both playing and developing student-athletes at the highest level across US Colleges and the NFL.



Training

Student-athletes will participate in football activities on a daily basis throughout the school week to develop the strategy, technique and game play. The schedule is designed to allow students to participate in other school sport teams offered at A.B. Paterson College alongside their American Football training.



Film Review

Before and/or after each practice the student-athletes will review and analyse their practice session to further develop knowledge of the game.

Uniform

Academy uniform and football equipment (helmets and pads) will be provided to each student. Helmet and shoulder pads will be measured for size and students will work with NFL Health and Safety teams to ensure best practices are followed to avoid injury.



Academy Values

Respect

Everyone matters. Everyone contributes. We embrace all people for who they are regardless of status, title or background. We celebrate diverse opinions and perspectives.

Integrity

We always look to make the right call. We do the right thing when no one is looking, and even when it's unpopular when they are looking. We accept responsibility when we get things wrong and then work to make them right.

Responsibility to Team

As a team, we support one another, we depend on one another. Everything we do has a consequence for someone else and we embrace our interdependence.

Resiliency

We set high standards and continuously strive for excellence. Anything is possible. We overcome adversity and turn losses into lessons. We embrace the greatest challenges and rise to meet them.





Performance Support Program

To support the student-athletes with their performance and recovery, strength and conditioning, physiotherapy and nutritional support is provided. This holistic approach is designed to maximise athlete potential and performance.

Strength & Conditioning

There will be a daily emphasis of moving well and moving often, these sessions will take place in the weight room or on field. These sessions are scheduled inline with the Football and education program. Athletes will be provided with a program to follow with their progress monitored throughout their time at the Academy.

Physiotherapy

At every Football practice there will be Physiotherapy support from the team of therapists to manage and provide support with injury concerns as and when they occur. In addition, treatment and injury prevention sessions run through the week to aid recovery back to the field and full fitness. Complementary therapies such as yoga will be provided.

Nutrition

The NFL Academy will provide athletes with an education into the importance of nutrition for American Football players. Giving athletes the guidance on when, what, how to eat well and the reason for making those right choices.

Health Insurance

The NFL Academy will provide athletes with appropriate level of Private Health Insurance.

Recruitment combines

As part of the NFL Academy enrolment process, student-athletes can register to take part in an NFL Academy combine camp. These camps are designed for the athlete to be assessed through a series of football drills to show their athletic ability.

Student-athletes do not need to have a background in American Football to participate. Registrations are now open for combines in Gold Coast, Sydney and Auckland.

For students unable to attend in person, or are located outside of Australia and New Zealand, a registration portal has been created to upload film for the coaching staff to review. Upon a case-by-case scenario, the coaching staff may visit the students for a one-to-one work out.

CAMP 1	CAMP 2	CAMP 3
GOLD COAST	SYDNEY	AUCKLAND
SATURDAY 29TH JUNE 2024 A.B. PATERSON COLLEGE	SATURDAY 6TH JULY 2024 THE HILLS SPORTS HIGH SCHOOL	TUESDAY 16TH JULY 2024 BRUCE PULMAN PARK
OPEN TO STUDENTS AGED 12 - 18 NO PRIOR GRIDIRON OR AMERICAN FOOTBALL EXPERIENCE REQUIRED		
Register your attendance at www.NFLAcademy.com		





NFL Futures

The NFL Futures program was created to help break down barriers and support students with the resources, experience and training to strengthen their employability post graduation.

NFL Futures will offer a wide range of seminars and workshops, leaning on industry experts within the NFL's global network, touching on topics across many industries including allied health, sports science, marketing, media, business development, sports management, event management, data, insights and more.

The program will also emphasise the importance of the NFL values of Respect, Integrity, Responsibility to Team and Resilience. An example of the key workshop themes explored are as follows:

Health & Wellbeing

Focusing on the physical and mental areas that you will need to thrive as a young person and student-athlete in the NFL Academy.

Life Skills

Developing the key skills that will enable you to become a strong leader and representative of the Academy.

Preparing for the Future

Diving into the topics and areas that will set-you up for life beyond the Academy, whichever path you take.

Societal Issues

Discussing the major issues and topics impacting young people and communities at a global and local level.

Personal Enhancement

The NFL Academy is dedicated to the holistic development of student-athletes to propel them towards success. This success is not just limited to the field, but in life through career development, volunteering opportunities, leadership development, responsibility and personal enhancement. Students will be encouraged to set targets and reflect/review to enable them to link theory with practice. Our Character Development program is a commitment to equipping all NFL Academy student-athletes with the skills necessary to succeed in life during and after sport.

USA Collegiate Immersive Tours

Two tours to the United States of America are planned every year, with one taking place in January/February and the second taking place in June. Attendees will consist of the student-athletes along with their coaches, performance staff and members of A.B. Paterson College's teaching and welfare staff.

These visits will consist of a week-long stay with US High Schools and Colleges. Students will practice and compete in football camps alongside their peers, in addition to attending classes and participating in cultural experiences. This will also allow students to tour the facilities, meet with staff and gain an understanding of the admissions process and criteria. The group will also visit nearby monuments and historic sites, as well as visiting NFL team facilities.



UK Academy 2022 visit to Atlanta Falcons NFL Facility



UK Academy 2022 visit to Martin Luther King JR. Memorial



UK Academy 2022 visit to Dallas Cowboys NFL Facility

The USA tours form an important step in the journey as these students develop within the NFL Academy Program. Not only will they provide important life experience to the students, but will also be a critical step toward securing a university scholarship. Competition against their American peers in front of decision makers at universities allows a student from the Asia Pacific region to overcome the barriers of being a prospective international student.

34% of the international student-athletes playing college football are from the Asia-Pacific region



NFL ACADEMY UK
USA Tour to Berry University, 2022

A.B. Paterson College

A.B. Paterson College is an independent private College located in the suburb of Arundel on the Gold Coast, Australia.

Since opening in 1991, A.B. Paterson College has long been known for its high standards, expectations and academic achievements. Their greatest achievement and focus is within the development of character, inner strength and purpose for every graduate, preparing students for life outside of the College.



The mission of A.B. Paterson College is to challenge individuals to achieve, and to act with purpose and character. In pursuing this mission, A.B. Paterson College embraces a holistic approach to education, catering to students with a diverse range of talents, interests, needs and academic abilities, compelling them to achieve their very best. Whether it be within their academic program, the sporting field, or within the Arts program, students develop the intellectual character to become passionate about the ongoing pursuit of learning with the skills and confidence to succeed in an increasingly complex world.

The college's many graduates are leaders in their own fields and are making contributions to the societal and economic development across the globe. The college leverages our Old Collegians success via a mentoring program to aid and assist our students aspire to greatness.





Education

While A.B. Paterson College has magnificent facilities with core traditional values, it also has an internationally recognised Teaching and Learning framework called Teaching for Understanding. This pedagogical approach to teaching ensures that our students are taught to think creatively, critically and to employ higher order thinking skills to prepare them for dynamic learning in a world that continues to change.

College timetables are tailored to accommodate classes, field practice, film review, character development and strength & conditioning.

As part of the NFL Academy, students must be enrolled on a full-time academic program at A.B. Paterson College to ensure their pathway to a US College or domestic university is clearly articulated and monitored.

Enrolment at A.B. Paterson College follows the usual enrolment procedures where consideration is given to previous academic achievements to ensure suitability for both the NFL Academy and the A.B. Paterson College academic pathway.

National Collegiate Athletic Association (NCAA)

A.B. Paterson and the NFL will liaise with the NCAA to support students with subject choices as they progress through to graduation to ensure they are academically eligible to enroll in US Colleges.



Prior to enrolment, student-athletes can participate in a football combine. If you are unable to attend, film can be submitted for review. Upon completion, NFL Academy staff will be in touch with further information. See page 12 for upcoming combine dates.

Education

Grade 7-9

Students in Years 7 - 9 study all the subjects as designated by the new Australian curriculum. These include:

English	Mathematics	Social Science (History, Geography, Economics, Civics)	Health and Physical Education
Arts (Drama, Dance, Visual Art, Music)	Technologies	Science (Biology, Chemistry, Physics)	Language (Japanese, Spanish)

Grade 10

Year 10 curriculum offerings at A.B. Paterson College allow students the opportunity to narrow the range of subjects they study, but also to keep their options open to be well prepared for their future. In Year 10, students complete the core subjects of English, Mathematics and Science and have the option to choose five electives.



For more information about specific entry requirements, please contact nflacademy@abpat.qld.edu.au

Education

Grade 11 & 12

Students in Years 11 and 12 are required to study 6 subjects, including English and Mathematics. Please note, elective subject options are based upon meeting required numbers and classes. As a college, we are focused on supporting our students to achieve the very best outcomes from their schooling: outcomes that will allow them to enjoy their experience and be successful in moving into the next stage of their lives and career pathways. The choice of subjects for Years 11 and 12 is an important step in this process.

Subjects offered in Year 11 and 12:

General Mathematics	Mathematical Methods	Specialist Mathematics	Essential Mathematics	English
Essential English*	Biology	Chemistry	Psychology	Marine Science
Physics	Accounting	Business	Economics	History
Legal Studies	Geography	Diploma of Business*	Japanese	Spanish
Dance	Drama	Music	Visual Art	Health
Physical Education	Certificate III in Fitness*	Design	Digital Solutions	Engineering
Film	Television and New Media	Industrial Technology Skills*	Hospitality Practices*	

*These subjects are either applied subjects or vocational education subjects.

Weekly Timetable

The NFL Academy student athlete schedule is designed in a way that participating in American Football activities compliments their schooling. The schedule also aligns with the long-term athletic development model, allowing for participation in multiple school and club sports throughout the year.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Before School	Meeting & Film	Strength & Conditioning	Meeting & Film	Meeting & Film	Strength & Conditioning
	Football Practice	Football Practice Meeting & Film	Football Practice	Football Practice	Meeting & Film Football Practice
School	Full day of school	Full day of school	Full day of school	Full day of school	Full day of school School Sport (Year 7-12)
After School 3pm - 5pm	Strength & Conditioning	School Sport Practice (Year 10-12)	Strength & Conditioning	School Sport Practice (Year 7-9)	Strength & Conditioning



Financial Support

The NFL Academy Program is designed to be accessible to all, irrespective of their financial status.

Prospective students across Asia-Pacific should not hesitate to contact the team for assistance with accessing financial assistance. Prospective students can apply for financial support during the application process to assist with the following expenses: Tuition fees, accommodation via local homestay, meals, travel, health insurance, sports equipment and school resources and cost of living allowance.



Accommodation

The Academy offers a comprehensive student accommodation service through local homestay. All accommodation is within a fifteen-minute walk from the college, training facilities and public transportation.

Students will be supported by AHN (Australia Homestay Network), for more information on homestay, contact NFL@abpat.edu.qld.com

Meals

Food will be provided to players either in accommodation or on college campus. This will provide convenience and flexibility to support students' timetables.

The college has vast experience in providing food packages to elite performers through previous elite academies and camps based out of the college campus, and catering staff will work with sport science support staff and academy coaches to devise the meal plans/menus.



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